

My personal conclusions after almost 40 years in anti-doping: Where *we* have been and where *you* should go!

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HAPPY BIRTHDAY ANTI-DOPING NORWAY!

20 years in anti-doping

- Constant leader in the field of anti-doping worldwide
- Respected partner in a wide range of international collaborations
- Pacemaker in the implementation of important innovations
- Valued supporter and partner of clean athletes
- Driving force of sports policy cooperation in Europe

Conclusions

40 years in anti-doping

- It all started with analytical chemistry and almost no financial support
- Harmonization of regulations was a distant goal
- The power and influence of the international sports federations hindered an effective control system
- Political support in anti-doping was inconsistent or nonexistent
- Many state orchestrated doping systems were in place

Many Skills



Focus on

- Athletes' voice
- Integrity and transparency
- Good governance
- Compliance
- Excellence and independence
- Constructive discussions
- Co-operations
- Acting politically

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Declaration of Guiding Principles for the Future of Anti-Doping.

Guiding Principles for the Future of Anti-Doping

The "Spirit of Sport" is embedded in the World Anti-Doping Code (the Code), based on values such as excellence, fair play, honesty, teamwork, solidarity and joy, and creates the bedrock of sport as a universal institution which has the potential to create unity across borders and shape future generations and societies. Threats to the integrity of sport are constantly evolving, as exemplified by occurrences of NADOs, governments and the sports movement undermining their own integrity policies, therefore a continuous improvement of the anti-doping system is crucial. In this light, National Anti-Doping Organisations (NADOs), other Code Signatories¹, the World Anti-Doping Agency (WADA), and other stakeholders to anti-doping² must ensure quality and leadership in the movement for doping-free sport.

Anti-doping is a complex field, with specialized legal, scientific, medical, investigative, behavioural, and sporting expertise playing significant roles. This helps to protect sport, but creates, at the same time, a vulnerable position for athletes and other persons, who bear the burden of potential failures within the anti-doping system. Therefore, all actors in the anti-doping community have an obligation to create, uphold, and maintain the highest standards

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Athletes' Anti-Doping
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Declaration of Guiding Principles for the Future of Anti-Doping (2022)

¹ Including the International Olympic Committee (IOC), the International Paralympic Committee (IPC), International Federations (IFs), National Olympic Committees and National Paralympic Committees (NOCs and NPCs), National Anti-Doping Organisations (NADOs) and Major Event Organisations (MEOs)
² Including inter alia Laboratories, the Court of Arbitration for Sport (CAS), the International Council of Arbitration for Sport (ICAS) and third-party service providers, such as the International Testing Agency (ITA).
³ E.g. in terms of whereabouts, sample and intelligence collection, and conduct of investigations.
⁴ Such as transparency, democratic processes, internal accountability and control mechanisms, independence, societal responsibility and responsibility towards the broader antidoping community. See for example various tools developed by Play the Game, incl. Sports Governance Observer (2015, 2018), National Sports Governance Observer (2018) and National Anti-Doping Governance Observer (2021).

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ed on 20. April 2022

Warning

You might see shocking photos that you don't want to see!

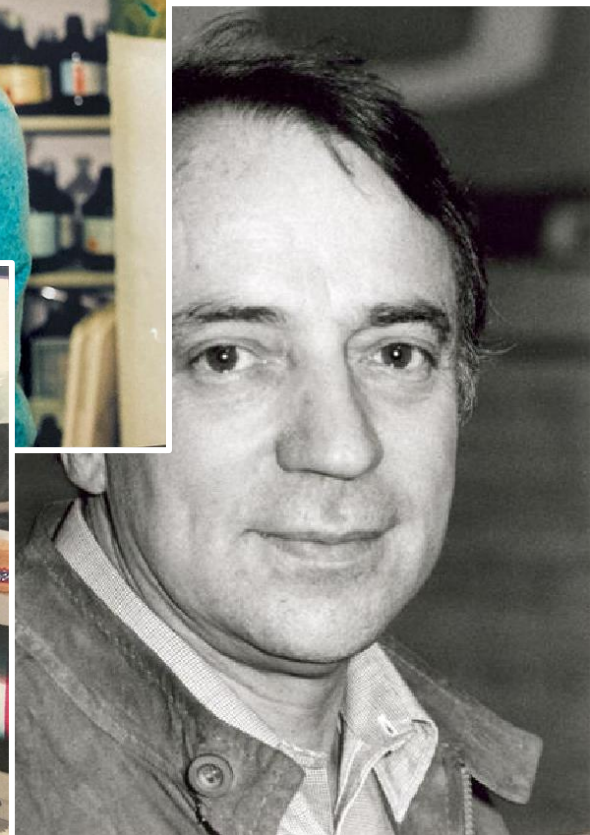
- Photos more than 30 years old
- Photos in black and white
- Photos with poor quality
- Photos of people you know and don't recognize

My Teams

- German Sport University Cologne, Institute of Biochemistry (1983-2011)
- NADA Germany (2011-2023)
- International anti-doping community (1983-2023)
- Basketball (...long ago)

My Start in Anti-Doping Work

- Germ
- NADA



Anti-Doping Norway's 20 Year Anniversary Seminar, 7.-8. June 2023, Holmenkollen

My Teams



Anti-Doping Norway



My Teams

– German Sp



Anti-Doping Norway's 20 Year Anniversary Seminar,



My Teams



Europapokalfinalist 1983

Deutscher Meister 1975 · 1980 · 1981 · 1982 · 1983

Deutscher Pokalsieger 1980 · 1981 · 1983

adidas 



Thank you and good bye!



nada

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des Deutschen Bundestages