

2019 iNADO Workshop Breakout Sessions (March 12, 2019)

University of Lausanne, Switzerland

12h00 Breakout session 1

<p>Testing: <i>How to allocate resources in a TDP - (Proscriptive vs. reactive)</i></p> <p>Jesús Munoz-Guerra (AEPSAD) and Per Inge Rustad (ADNO)</p>	<p>When developing a TDP a NADO is faced with many competing opportunities and priorities. How much resource should go to: The RTP (and other pools)? How do you balance the need for focused and targeted testing against the need for broad and visible deterrence?</p> <p>Two experienced testing managers will provide two approaches touching on issues such as; budgeting, structure of the RTP and reviewing the criteria for including athletes to the testing pool (national level and recreational athletes), ADAMs, building on cooperation between NADOs and IFs and follow-up for more effectiveness.</p> <p>Their presentations will be followed by an open forum and participants are encouraged to prepare in advance their ideas on a strategic approach.</p>
<p>Science: <i>Social drugs and doping</i></p> <p>Martial Saugy and Raphael Faiss (REDs)</p>	<p>This session will provide a perspective from outside NADOs on both the philosophy and the science which relates to the placement of social drugs on the prohibited list and how they are detected and dealt with.</p>
<p>Education: <i>The role of e-learning in education</i></p> <p>Vanessa Reid-Ledford (JADCO) and Margarita Pakhnotskaya (RUSADA)</p>	<p>Cases from two countries with very different environments will show how e-learning can be used strategically and effectively within the broader education programme of a NADO considering strengths and advantages as well as its limitations.</p> <p>The presentations will touch on how two different e-platforms are used according to target audiences; from high performance to recreational athletes, coaches and parents, officials and media. This will be followed by a short panel discussion and then open forum.</p> <p>Participants are encouraged to prepare thoughts to add to the discussion based on their practical experiences of what does (and does not) work.</p>
<p>International Collaboration: <i>Cooperation with IF testing programmes</i></p>	<p>It is critical that there is collaboration and an effective integration of IF and NADO programmes. The primary purpose of this session is to give NADOs an insight into the perspective of these two IFs and the ITA in terms of priorities of international testing and the opportunities for and barriers to collaboration with NADOs.</p>

Leslie Buchanan (ITU), Benjamin Cohen (ITA) and Thomas Capdevielle (AIU)	After the session NADOs should be able to consider how to adapt their NADO programme and approach to this.
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14h15 Breakout session 2

Testing: <i>(Repetition of the above)</i>	“ “
Science: <i>(Repetition of the above)</i>	“ “
Education: <i>(Repetition of the above)</i>	“ “
Legal: Challenges answered and raised by the draft 2021 Code Jesper Frigast Larsen (ADD) and Mathieu Teoran (AFLD)	<p>The 2021 Code is designed (amongst other things) to better distinguish between cheats and those inadvertently caught by the Rules. While this should ultimately lead to a more “just” system (undoubtedly a good thing) a move from a rigid “one size fits all” approach will challenge the legal process and its desire for international consistency.</p> <p>What challenges might the 2021 Code solve but also what new ones might it pose for NADO legal processes and how might we prepare for them? Is the universal harmonization of anti-doping regulations achieved among WADA signatories with help the current Code at risk?</p> <p>Two panelists will provide some starting thoughts to lead into an open discussion.</p>

15h15 Breakout session 3: Interactive problem solving, study cases and group work

Education: Moving from reactivity to proactivity. Building a programme for the long term Amanda Hudson and Colin Allen (UKAD)	<p>The new WADA Education Standard challenges NADOs to take a longer term view to their approach to education. While there will always be a need to provide necessary information to athletes this does not constitute an education programme.</p> <p>This session will try to answer following questions based on the experience of UKAD and the NADOs present:</p>
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	<p>How do you build a programme which provides not just information but creates a broad “clean sport” environment in which doping cannot flourish?</p> <p>How might this be built in a systematic way over time?</p>
<p>Intelligence & Investigations: <i>How to systematically capture, analyse and incorporate information into testing and investigations</i></p> <p>Lindsey Stafford (USADA) and Saerom Lee (KADA)</p>	<p>There is now a common acceptance that information is critical to anti-doping work. The challenge for many NADOs (and particularly those with minimal resources and few staff) is how to capture information and ensure it is integrated into the testing and investigations programme. There are powerful software and other tools but also simple practical ways exist to ensure that useful information is recorded and assessed.</p> <p>The presentations will review how a testing programme can be fed with good information (from e.g., whistleblowing, ABP, whereabouts, testing history, Athlete’s performance, media, etc.) so that investigations can be instituted in a systematic way. Working with an Independent Investigation Committee when NADOs don’t have jurisdiction to investigate will also be reviewed. Attention will be given to the ways that small and medium-size NADOs can be more effective in this regard.</p> <p>Participants are encouraged to bring to the discussion ideas and tools which they have found of practical use.</p>
<p>Results Management: <i>“Hard Cases make Bad Law” Dealing with problem results</i></p> <p>David Lech (CCES) and Stefan Trinks (NADA Germany)</p>	<p>Not handling the legal process properly is as problematic as mishandling a test. Even ‘easy’ cases can be difficult to sort out. This presentation will address some of the unique challenges a NADO can face when acting as the Results Management Authority on a ‘hard’ case. It will stress the importance of having established processes and a clear decision making ‘framework’ in place to rely on when facing difficult situations. The presentation will cover scenarios occurring during the doping control process and while managing results. . Situations recently faced will be presented and lessons learned (for better or for worse) will be discussed.</p> <p>Participants are encouraged to bring in and debate their own examples of successes and failures to contribute to the discussion.</p>
<p>Raising the water level (so all boats rise!): <i>How can iNADO assist and facilitate the sharing and implementation of best practice, geographically and culturally?</i></p>	<p>The disparity in resources, expertise and capability of NADOs is large. While a minority of NADOs are well resourced with ample well educated and trained specialist staff the majority (to a greater or lesser extent) are under resourced and do not have sufficient technical expertise across all the necessary fields.</p>

<p>Round Table for as many CEOs as possible.</p> <p>Michael Ask (ADD)</p>	<p>It is in the interests of our NADO community, both philosophically and practically, to do what we can to improve the expertise and capacity of all NADOs. This is the most fundamental role of iNADO and this session will be an open discussion designed to explore ways iNADO can help to facilitate the sharing of expertise and (to the extent possible) resources. All CEOs are encouraged to attend this session so that we can gauge the level of support for any initiatives proposed.</p> <p>To spark the conversation please remember that iNADO has a two-parted mission: Sharing Best Practices and Speaking With One International Voice. Reviewing this will be a good starting point for a discussion. Think in advance what the balance between the two parts should be? Are there other components to be added to the mission?</p>
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